

GAA Healthy Clubs



GAA Healthy Club Conference to explore themes including mental health, diversity, and positive aging

Free event in Croke Park on October 5th aims to recruit 150 new clubs to join the Healthy Club Project in January 2020

The role played by GAA clubs in supporting the health and wellbeing of communities across Ireland will be explored at the 2019 Healthy Club Conference in Croke Park on Saturday, October 5th.

Delegates will participate in workshops covering mental health in sport, diversity and inclusion, positive aging, and the importance of physical activity. The themes will be brought to life through practical case studies revealing initiatives rolled out by Healthy Clubs covering these themes.

The event, proudly delivered in partnership with Healthy Ireland and Irish Life, will see a further 84 GAA clubs across the 32 counties receive official recognition as 'Healthy Clubs', having completed Phase 3 of the project. The conference will also see the launch of Phase 4 of the award-winning Healthy Club Project, as the GAA seek to recruit another 150 clubs to participate come January 2020.

Renowned GAA coaching tutor, Paudie Butler, will discuss in his keynote address how the development of the child – including their wellbeing – lies at the heart of all good coaching and is fundamental to the principles of the Healthy Club Project.

Amongst the player ambassadors will be Tipperary's All Ireland winning man-of-the-match Noel McGrath. Noel is the players' representative on the GAA's National Health & Wellbeing Committee and will participate in a panel discussion exploring topics including his inspirational journey back to the field of play following testicular cancer. (Additional player ambassadors will be announced in the coming weeks.)



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An Uachtarán Cumann Lúthchleas Gael, John Horan, said: “I want to offer my congratulations to the 84 clubs that will receive official recognition as Healthy Clubs at the conference. The work they have undertaken over the course of their journey has been a credit to the Association. I also urge other clubs to attend and get involved in the Healthy Club Project. It helps the GAA live up to the values of its new manifesto: ‘Where We All Belong’. This exciting work couldn’t happen without our partners Irish Life and Healthy Ireland and I want to acknowledge their continued support for the project.”

Click [HERE](#) to book your free ticket for the conference. Lunch will be provided on the day.

For more information regarding the conference please visit www.gaa.ie/community

Congratulations to the clubs that completed Phase 3 of the Healthy Club Project and will receive official recognition at the conference. They are:

1. Lámh Dhearg	Antrim
2. Ruairí Óg, Cushendall	Antrim
3. St. Ergnatts-Moneyglass	Antrim
4. Clann Eireann (Lurgan)	Armagh
5. Crosserlough	Cavan
6. Kingscourt	Cavan
7. Lacken	Cavan
8. Robert Emmets, Slaughtneill	Derry
9. Desertmartin	Derry
10. Baile na nGallóglach	Donegal
11. Buncranncha	Donegal
12. Four Masters	Donegal
13. St Eunan's	Donegal
14. Ardglass	Down
15. Ballycran	Down
16. Bredagh	Down
17. Kinawley Brian Borus	Fermanagh
18. Newtownbutler First Fermanaghs	Fermanagh
19. Gaeil Triúcha	Monaghan
20. Latton	Monaghan
21. Errigal Ciaran	Tyrone
22. Gortin St. Patrick's	Tyrone



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23. Naomh Mhic Artáin Ladies	Tyrone
24. Doonbeg	Clare
25. St Joseph's Doora Barefield	Clare
26. Clonakilty	Cork
27. Macroom	Cork
28. Newtownshandrum	Cork
29. Cobh	Cork
30. Ballydonoghue	Kerry
31. Dr. Crokes	Kerry
32. Claughan	Limerick
33. Galbally	Limerick
34. Killeedy	Limerick
35. Lorrha/Dorrha	Tipperary
36. Tulach Sheasta (Newport)	Tipperary
37. An Rinn	Waterford
38. Dún na Mainistreach Baile na Cúirte	Waterford
39. Palatine	Carlow
40. Ballyboughal Rangers	Dublin
41. Beann Éadair	Dublin
42. Lucan Sarsfields	Dublin
43. Naomh Olaf	Dublin
44. O'Dwyer's	Dublin
45. Ranelagh Gaels	Dublin
46. Skerries Harps	Dublin
47. St. Oliver Plunkett's Eoghan Ruadh	Dublin
48. St. Sylvester's	Dublin
49. Robertstown	Kildare
50. Leixlip	Kildare
51. St. Laurence's	Kildare
52. Conahy Shamrocks	Kilkenny
53. Thomastown	Kilkenny
54. Annanough	Laois
55. Killoe	Longford
56. Clan Na Gael	Louth
57. John Mitchels	Louth
58. Naomh Mairtin	Louth
59. Rath Tó	Meath
60. Dunderry	Meath



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61. Na Fianna	Meath
62. Navan O'Mahony's	Meath
63. Syddan	Meath
64. Coolderry	Offaly
65. Crookedwood	Westmeath
66. Lough Lene Gaels	Westmeath
67. Mullingar Shamrocks	Westmeath
68. Oulart-The-Ballagh	Wexford
69. St. Martin's	Wexford
70. Enniskerry	Wicklow
71. Caherlistrane	Galway
72. Castlegar	Galway
73. Clarinbridge	Galway
74. Ard Raithin Naomh Muire	Galway
75. Aughanasheelin	Leitrim
76. Glencar-Manorhamilton	Leitrim
77. Breaffy	Mayo
78. Castlebar Mitchels	Mayo
79. Tuar Mhic Éadaigh	Mayo
80. Davitts	Mayo
81. Clann Na nGael	Roscommon
82. St. Croan's	Roscommon
83. St. John's	Sligo
84. St. Molaise Gaels	Sligo

